

## Long Arm Quick Fist Installation Instructions



- 1. The Long Arm QUICK FIST clamp can be mounted in any direction; but when mounted vertically, it is easier to release and engage the strap onto the latching post, if the strap is hanging downward (as photo above).
- 2. Mount the clamp with either two M6 (1/4") (6mm) bolts or two #14 wood or sheet metal screws and two 1/4" (6mm) washers. Snug screws or bolts. Do not over tighten, as rubber just spreads.
- 3. After locking the strap on the larger latching post, either pull the strap tighter and use the small post as an additional lock (see illustration 1); or roll the remainder of the strap inward and fasten on the small post (see illustration 2).

